



Corporate
wellness

All-inclusive business & wellness retreats



What we do

All-inclusive corporate wellness on Waiheke's stunning locations

When you book a retreat with Koukoulee every detail is planned for you. Our corporate retreats are designed to help your team release tension, skilfully manage stress and soothe the nervous system. At our retreats, we strive to achieve the perfect fun-work balance.

While your employees' wellness is at the core of what we offer, you will have plenty of time and space to go through your own workshops and presentations.

Our retreats can be customised to your goals and needs. If you need something specific just let us know.



Pricing

1-day retreat in our wellness space in Oneroa

Up to 12 people, \$2,200 + GST

Itinerary

1-day retreat

9 am - board ferry

9.40 am - pick up from the ferry terminal

10 am - light morning tea

10.30 am - yoga session

11.30 am - first work session

1 pm - lunch

2 pm - second work session

4 pm - mindfulness session

5 pm - third work session

6 pm - drinks and seated dinner

8.45 pm - ferry back to Auckland

What is included

1-day retreat

- Transport (ferry & shuttle)
- Morning tea and lunch
- 2 x wellness sessions
- 3 x work sessions
- Coffee and tea all day
- Use of our space from 10 am

Add ons

- Seated dinner
- Overnight stay

GET IN TOUCH



www.koukoulee.com



vassia@koukoulee.com



021 0298 5114