

A stylized rainbow logo consisting of a large pink semi-circle, a smaller white semi-circle inside it, and a small dark blue semi-circle at the bottom center.

# Wellness menu

Light yourself up with a wellness break of mood-boosting good vibes



# Private groups

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Hen wellness break? Girls (or boys) weekend away? Corporate wellness?  
Or maybe a post-wedding recovery retreat?  
We can bring Koukoulee to you.

Choose from our tried and tested experiences listed below or talk to us to  
create a bespoke experience for you. Our teachers can offer an array of  
different yoga styles - from vinyasa to power and from yin to nidra and barre.  
We can also offer Pilates.



# Private yoga/Pilates sessions

At our studio or at your private space  
Mats & props included

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## Pricing

Groups up to 6 ppl - \$180 (60 mins)

Groups over 6 - \$25 pp (60 mins)

Groups up to 6 ppl - \$250 (90 mins)

Groups over 6 - \$35 pp (90 mins)







# Corporate yoga

Yoga classes & mindfulness sessions especially designed for businesses

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## Pricing

1-hour yoga class - \$25 pp  
(minimum 6 people)

1.5-2 hours yoga & mindfulness for your staff - from \$35 pp (minimum 6 people)



# Cacao & sound ceremony

Gather in circle to share cacao, shamanic drumming and crystal bowls. Cacao is the raw form of cocoa/chocolate, made into a sweet drink to enjoy, prepared with only cacao paste, water and coconut sugar. Used in ceremony, cacao guides us to opening our hearts and remembering our belonging to this Earth. Perfect for hens parties, corporate groups, retreats or just a weekend away.

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## Pricing

\$350 - up to 6 people

\$55 pp - over to 6 people







## Group pamper

Hens do, birthday or just a morning away with your friends? Enjoy a yoga/Pilates class in our beautiful yoga room with sea views followed by nibbles, drinks and a massage each

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## Pricing

\$199 pp  
(minimum 5 people)





# Yoga & brunch

In our beautiful space

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Class starts at 10 am followed by a brunch prepared by one of our local chefs, including mocktails. We can accommodate dietary requirements.

## Pricing

From \$60 pp

Minimum 5 people



# Tea blending with Timmy Smith

An experience that will leave you feeling relaxed, refreshed and warmed with manaakitanga (hospitality). A heartwarming experience that includes story telling and your hands on involvement creating your own blend to take home. You will also receive Timmy's house blend and 4 cans of sparkling tea PAUSE

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## Pricing

\$60 pp - minimum 6 people

\$110 pp with a ceramic cup of your choice







# 1-day private retreat

Enhance your wellness with a day of total relaxation All planned for you in our beautiful space.

- 2 x tailored wellness sessions
- Lunch & afternoon tea
- Drinks & healthy snacks

Add on a massage with 10% off

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## Pricing

\$310 pp

Minimum 4 people





## What our guests said

"Koukoulee is my favourite wellness space for yoga, breathwork and wellness pampering on Waiheke Island. The transformative impact from practising there for over a year now on my body and mental wellness has been profound - the experienced teachers have really helped paying attention to the needs of my body."

Philippa, regular studio client

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# GET IN TOUCH



[www.koukoulee.com](http://www.koukoulee.com)



[vassia@koukoulee.com](mailto:vassia@koukoulee.com)



0210 298 5114